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44th Annual Advances in Pediatrics

Pediatric Sports Medicine: What Every Primary Care Physician Needs to Know

KEYNOTE SPEAKER:

Brock E. Schnebel, M.D.

McBride Orthopedic Hospital Clinic

Clinical Professor – Sports Medicine

The University of Oklahoma

April 13, 2018

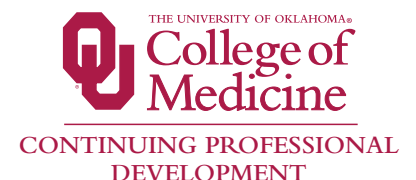
University of Oklahoma College of Medicine
Department of Pediatrics

Samis Education Center
1200 Children's Ave.
Oklahoma City, OK 73104-4652



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2 | Pediatric Sports Medicine: What Every Primary Care Physician Needs to Know

CONFERENCE PRESENTERS/PANELISTS

Brock E. Schnebel, M.D.

Keynote Speaker

McBride Orthopedic Hospital Clinic
Clinical Professor – Sports Medicine
The University of Oklahoma

Cody Commander, Psy.D., H.S.P.

Licensed Clinical and Sport Psychologist
Director of Psychological Resources for OU Student-Athletes

Brian R. Coleman, M.D.

Professor, Department of Family and Preventive Medicine
Director, Primary Care Sports Medicine Fellowship Program
OU Health Sciences Center

Jennifer L. Graef, Ph.D., R.D./L.D.

Assistant Professor
Department of Nutritional Sciences
OU Health Sciences Center

Curtis L. Knoles, M.D.

Clinical Assistant Professor
Assistant Medical Director – Medical Control Board,
Emergency Medical Services System for Metropolitan
Oklahoma City and Tulsa
Medical Director Oklahoma Emergency Medical Services
for Children
Pediatric Emergency Medicine
OU Health Sciences Center

Megan L. McMahan Meier, M.D.

Oklahoma Sports and Orthopedics Institute

Amy B. Middleman, M.D., M.S.Ed., M.P.H.

CMRI Richard Kasterke/Connie Griggs Chair in Pediatrics
Professor of Pediatrics
Chief of Adolescent Medicine
Department of Pediatrics
OU Health Sciences Center

Kevin R. Short, Ph.D.

Associate Professor
CMRI Choctaw Nation Chair in Pediatric Endocrinology
Department of Pediatrics
OU Health Sciences Center

Charles S. Sperrazza, M.D.

Associate Professor Pediatrics
Co-Director of Cardiac Cath Lab
Pediatric Heart Center
OU Health Sciences Center

COURSE DESCRIPTION AND PURPOSE:

This activity is designed to foster improvements in physician knowledge, competence and performance in general pediatrics sports medicine by exploring what constitutes ideal evidence-based practice and applying that ideal across varied health care arenas. This fast-paced course will augment the traditional lecture format with expert panel discussions and breakout sessions to enhance knowledge base and skill set. Audience response systems will provide participants with immediate feedback, allowing the opportunity to reinforce comprehension and retention of key learning objectives. The course combines the latest in evidence-based medicine and best-practice strategies relevant to the topics being addressed. A full syllabus of educational materials will be provided online as a resource for those practitioners caring for pediatric patients participating in sports.

INTENDED/TARGET AUDIENCE:

Pediatricians and family medicine practitioners

COURSE GOAL:

To provide physicians, and other providers caring for children, with current evidence-based practice guidelines relevant to the field of general pediatrics sports medicine, augmenting the skill set and knowledge base needed to care for patients in a primary care practice.

LEARNING OBJECTIVES:

Upon completion of this activity, participants will improve their competence and performance by being able to:

1. Describe common pediatric sports medicine issues in practice and best management strategies for each –
2. Explain how to recognize and treat concussions –
3. Explain how to perform an appropriate and complete sports physical –

CONFERENCE PLANNING COMMITTEE

Alix G. Darden, Ph.D., M.Ed.,
Course Director
Cindy G. Dibler – Course Contact
Amelia D. Cannon
Paul M. Darden, M.D., F.A.A.P.
Stephen R. Gillaspay, Ph.D.
Monique M. Naifeh, M.D., M.P.H.
Alexandria C. Caldwell, D.O., F.A.A.P.
Brian R. Coleman, M.D.
Dwight T. Sublett, M.D.

FRIDAY, APRIL 13, 2018 – PRESENTATIONS

- 7:15-8:15 a.m. Sign-in, Continental Breakfast and Vendor Viewing
- 7-8:15 a.m. Oklahoma Chapter AAP Board Meeting
- 8:15-8:30 a.m. Welcome and Introductions/ Morris R. Gessouroun, M.D. – Chairman, Pediatrics
- 8:30-9:20 a.m. **Why You Should Convince Your Patients That Exercise Is Medicine**
— Kevin R. Short, Ph.D.
- 9:20-10:10 a.m. **Relative Energy Deficiency in Sport – Diagnosis, Treatment and Prevention**
— Megan L. McMahan Meier, M.D.
- 10:10-10:40 a.m. Break – Vendor viewing
- 10:40-11:30 a.m. **Can Dick or Jane Play Sports? Risks Assessment for Cardiac Disease and Sudden Death in the Pediatric Patient** — Charles S. Sperrazza, M.D.
- 11:30 a.m.-Noon Pick-up box lunch and return to auditorium
- Noon-12:45 p.m. **Psychological Aspects of Youth Sports** — Cody Commander, Psy.D., H.S.P.
- 12:45-1:30 p.m. **Nutritional Considerations for Today's Adolescent Athlete**
— Jennifer L. Graef, Ph.D., R.D./L.D.
- 1:30-3 p.m. **Head Injuries in the Athlete: The Role of Cumulative Head Impact Exposure**
— Brock E. Schnebel, M.D.
- 3-3:30 p.m. Break – Vendor viewing
- 3:30-6 p.m. **Four concurrent sessions**, repeated three times:
3:30-4:15 p.m. (45 min), **4:20-5:10 p.m.** (50 min), **5:15-6 p.m.** (45 min)
Bring YOUR cases to the experts...
- 1. Food for Thought: Disordered Eating in Athletes** — Amy B. Middleman, M.D., M.S.Ed., M.P.H.
 - 2. Nutritional Considerations for Today's Adolescent Athlete: What Are YOUR Concerns?**
— Jennifer L. Graef, Ph.D., R.D./L.D.
 - 3. Sprains, Strains and Other Pains – An Overview of Sports-related Injuries**
— Curtis L. Knoles, M.D., F.A.A.P.
 - 4. The Pre-participation Physical – Are We Doing It Right/Enough?** — Brian R. Coleman, M.D.
- 6-6:30 p.m. Drinks (cash bar – one drink ticket as part of registration)
- 6:30-8 p.m. Conference Dinner and OKAAP Chapter meeting

4 Pediatric Sports Medicine: What Every Primary Care Physician Needs to Know



Keynote Speaker

BROCK E. SCHNEBEL, M.D.

An Oklahoma native, Dr. Schnebel is a clinical professor at the University of Oklahoma, Division of Sports Medicine. He completed his medical education at the University of Oklahoma College of Medicine,

followed by fellowships in trauma in Austria, spine surgery at the Alamo Bone and Joint Association in San Antonio, and the Kerlan Jobe Orthopedic Clinic in Los Angeles. After a fellowship in spine surgery at the University of Basel in Switzerland, he joined McBride Clinic/Bone & Joint Hospital in 1987. Schnebel serves as the head team physician for the University of Oklahoma and has worked with the Olympics since 1990. Having served on the medical staff for the 1996 Atlanta Olympics, he was chosen by the United States Olympic Committee's Sports Medicine Committee to serve as the head physician for the 2000 Summer Olympics in Australia.



Accreditation Statement:

The University of Oklahoma College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Oklahoma College of Medicine designates this live activity for a maximum of 7.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Appropriate acknowledgement will be given to all supporters at the time of the educational activity.

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Accommodations Statement:

Accommodations are available by contacting Cindy Dibler at (405) 271-4401 or cindy-dibler@ouhsc.edu as soon as possible.

Policy on Faculty and Presenters Disclosure:

It is the policy of the University of Oklahoma College of Medicine that the faculty and presenters disclose real or apparent conflicts of interest relating to the topics of this educational activity, and also disclose discussions of unlabeled/unapproved uses of drugs or devices during their presentation(s).

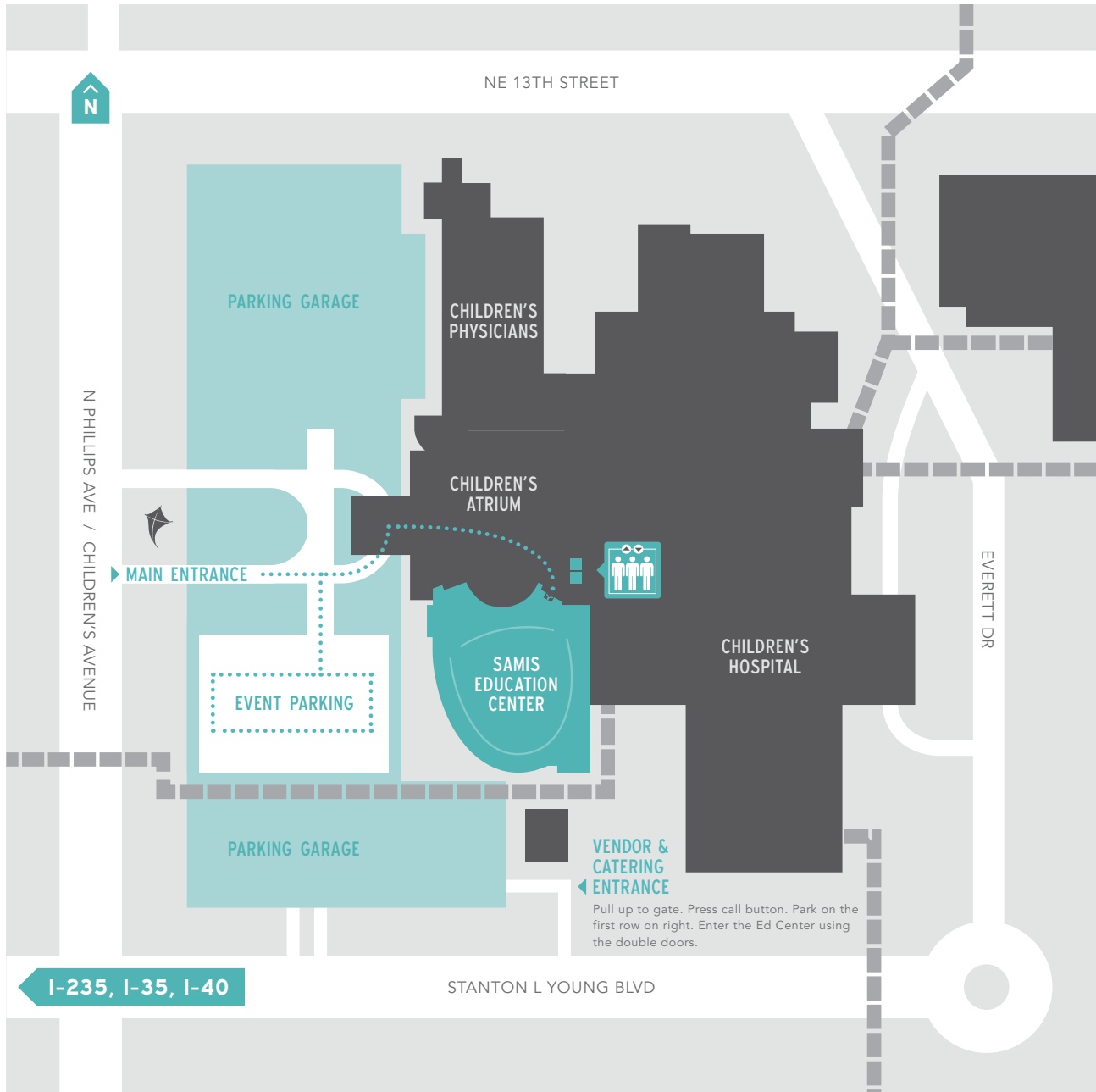
Detailed disclosures will be made in the course handout materials.

Disclaimer Statement:

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6 Pediatric Sports Medicine: What Every Primary Care Physician Needs to Know



Directions:

The conference will be held at the University of Oklahoma Health Sciences Center in the Samis Education Center, 1200 Children's Ave., in Oklahoma City.

The entrance to the Rainbolt Family Auditorium of the Samis Education Center is located in the southeast corner of the Atrium. Parking for **off-campus attendees** will be available in Event Parking, located in front of the Atrium.

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The University of Oklahoma College of Medicine Department of Pediatrics and the Irwin H. Brown Office of Continuing Professional Development presents:

44th Annual Advances in Pediatrics

Pediatric Sports Medicine: What Every Primary Care Physician Needs to Know

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- | | | | |
|--|--------------------------------------|--------------------------------------|-------|
| <input type="checkbox"/> OKAAP, OAFP, AAP or AAFP Members | <input type="checkbox"/> \$175 | <input type="checkbox"/> \$225 | _____ |
| <input type="checkbox"/> Non-Member Physician | <input type="checkbox"/> \$200 | <input type="checkbox"/> \$250 | _____ |
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| <input type="checkbox"/> Residents and Students | <input type="checkbox"/> FREE | <input type="checkbox"/> FREE | _____ |
| <input type="checkbox"/> Preceptors of third-year Pediatric Clerkship Students | <input type="checkbox"/> FREE | <input type="checkbox"/> FREE | _____ |
| <input type="checkbox"/> Printed Syllabus (Available online) | <input type="checkbox"/> \$25 | Not Available | _____ |
| <input type="checkbox"/> OKAAP Chapter Meeting and Dinner (Cash Bar) (included in your registration, but PLEASE mark box if you plan to attend) | | | |
| <input type="checkbox"/> Dinner Guest(s) \$25 _____ Name of Guest(s) _____ | | | |

Total Registration Due \$ _____

The annual conference registration fee includes course materials, CME credit, breakfast, breaks, lunch and conference dinner. No registration refunds will be made after March 30, 2018. Written notification of cancellation must be postmarked before March 30, 2018. Cancellation fee is \$100. Confirmations will be emailed. (This annual conference is subject to cancellation if registration is insufficient, in which case all registration fees will be refunded.)

Please register early, as space is limited.

Payment is due with registration; purchase orders are accepted and may be sent with registration.

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Department of Pediatrics

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